

**MSHSL Sub-Section 1A
Track and Field Championship
Caledonia High School - 5/25/06
Results**

Girls 100 Meter Dash

Name	Yr	School	Finals	
1 Alecia Fruechte	10	Caled/Spr Gr/Mat	12.95	10
2 Laquita Becker	9	Caled/Spr Gr/Mat	13.11	8
3 Nichole Clemens	7	Chatfield	13.26	6
4 Megan King	9	Caled/Spr Gr/Mat	13.38	4
5 Brooke Beyer	12	WinonaCotter	13.43	2
6 Erica Kies	9	La Crescent	13.46	1
7 Jazzmen Williams	10	La Crescent	13.52	
8 Bailey Vitse	10	RushPete/Hou	13.59	
9 McKenzie Hart	9	La Crescent	13.62	
10 Ashley Benson	12	RushPete/Hou	13.71	
11 Danielle Foster	12	WinonaCotter	14.07	
12 Nicollette Meyer	9	Lanesb/Fil C	14.14	
13 Gabby Lacher	7	Lanesb/Fil C	14.60	
14 Keisha Harcy	10	Chatfield	14.93	
15 Brianna Petron	10	WinonaCotter	14.95	
16 Andrea Hatleli	12	RushPete/Hou	15.44	
-- Dana French	12	Chatfield	SCR	

Girls 200 Meter Dash

Name	Yr	School	Finals	
1 Alise Duffy	12	La Crescent	26.94	10
2 Emma Napieralski	11	WinonaCotter	27.16	8
3 Kylin Duffy	8	La Crescent	27.54	6
4 Sarah Colleran	10	Caled/Spr Gr/Mat	27.55	4
5 Kaylee Helgemoe	9	RushPete/Hou	27.81	2
6 Laquita Becker	9	Caled/Spr Gr/Mat	27.87	1
7 Ashley King	11	Caled/Spr Gr/Mat	27.92	
8 Angel Knopick	10	WinonaCotter	28.02	
9 Regina Dolan	12	RushPete/Hou	28.67	
10 Regan Riley	8	Chatfield	29.39	
11 Emma McGrath	7	Lanesb/Fil C	29.56	
12 Emily VonWald	8	Chatfield	29.66	
13 Kay Cee Johnson	12	RushPete/Hou	29.85	
14 Johna Lee Strehl	9	La Crescent	29.99	
15 Sarina Nelson	12	Lanesb/Fil C	30.05	
16 Brittany Johnson	9	Lanesb/Fil C	30.48	
17 Sadie Shaw	11	WinonaCotter	33.36	
18 Caroline Verrene		Chatfield	33.65	

Girls 400 Meter Dash

Name	Yr	School	Finals	
1 Ashley VonWald	9	Chatfield	1:04.58	10
2 Jamie Darling	9	Lanesb/Fil C	1:05.51	8
3 Melissa Hanson	9	Lanesb/Fil C	1:06.35	6
4 Anna Ferris	11	WinonaCotter	1:07.41	4
5 Heather Sieve	9	RushPete/Hou	1:07.53	2
6 Kay Cee Johnson	12	RushPete/Hou	1:08.48	1
7 Lydia Allen	9	La Crescent	1:08.51	
8 Shelby Mierau	9	RushPete/Hou	1:09.90	
9 Brittney Wagner	9	Caled/Spr Gr/Mat	1:09.92	
10 Kayla McCormick	8	Caled/Spr Gr/Mat	1:10.31	
11 Megan Buttell	12	Caled/Spr Gr/Mat	1:10.87	
12 Kaylee Knowles	9	La Crescent	1:13.22	

13 Danielle Wingert	9	WinonaCotter	1:15.34	
-- Tracy Traxler	8	La Crescent	SCR	
-- Dana French	12	Chatfield	SCR	
-- Mitch Schultz	11	Chatfield	SCR	

Girls 800 Meter Dash

Name	Yr	School	Finals	
1 Kristen Ostrem	10	RushPete/Hou	2:25.62	10
2 Deana Petersen	9	La Crescent	2:26.40	8
3 Kristin Bunge	10	Lanesb/Fil C	2:32.86	6
4 Sara Wasinger	9	WinonaCotter	2:34.60	4
5 Jordyn Dudek	8	Chatfield	2:35.15	2
6 Renee Pecarina	9	WinonaCotter	2:37.05	1
7 Rachele Ruberg	9	RushPete/Hou	2:39.20	
8 Shanda Demorest	9	La Crescent	2:39.20	
9 Jessica Prinsen	9	Lanesb/Fil C	2:42.39	
10 Anne Guthrie	11	La Crescent	2:44.60	
-- Taylor Thompson	7	RushPete/Hou	NT	
-- Gillian Rendahl	10	WinonaCotter	NT	
-- Kassie Harcey	10	Chatfield	NT	
-- Ally Lynne	10	Lanesb/Fil C	NT	

Girls 1600 Meter Run

Name	Yr	School	Finals	
1 Kristen Ostrem	10	RushPete/Hou	5:40.4h	10
2 Jordan Darling	9	Lanesb/Fil C	5:50.0h	8
3 Hannah Sieve	9	RushPete/Hou	5:51.1h	6
4 Kaitlyn Keefe	8	Chatfield	5:52.0h	4
5 April Conniff	8	La Crescent	5:54.5h	2
6 Darcy Petersen	7	La Crescent	6:01.6h	1
7 Danielle Anshus	9	Chatfield	6:07.2h	
8 Kayli Hareldson	9	Chatfield	6:15.0h	
9 Brooke Kubicek	7	La Crescent	6:25.3h	
10 Kelsey Ruen	9	Lanesb/Fil C	6:35.5h	
11 Meredith Ruen	10	Lanesb/Fil C	7:01.9h	
-- Sam Zimmerman	9	WinonaCotter	SCR	
-- Kelly Brandon	11	WinonaCotter	SCR	

Girls 3200 Meter Run

Name	Yr	School	Finals	
1 Maurenn Keane	12	WinonaCotter	11:57.70	10
2 Marci Burg	12	La Crescent	12:04.99	8
3 Nicola Franta	9	La Crescent	12:09.07	6
4 Anna Becker	11	RushPete/Hou	12:27.14	4
5 Melissa Hurley	7	Chatfield	12:54.30	2
6 Melissa Gudmundson	11	Lanesb/Fil C	13:02.23	1
7 Kayli Hareldson	9	Chatfield	13:12.70	
8 Michelle Ruberg	8	RushPete/Hou	13:31.57	
9 Stephanie Smith	10	WinonaCotter	13:35.61	
10 Carlye Guzman	7	La Crescent	13:38.13	
11 Emily Sharpe	10	WinonaCotter	13:41.25	
12 Brianne Anshus	12	Chatfield	13:44.70	
13 Kelsey Ruen	9	Lanesb/Fil C	14:27.11	
14 Katie Halvorson	11	Lanesb/Fil C	15:42.6h	
-- Kari Taylor	12	RushPete/Hou	SCR	

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Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Ashley Benson	12	RushPete/Hou	16.6h 10
2 Bonnie Albright	11	Lanesb/Fil C	16.7h 8
3 Rachel Perry	10	Chatfield	17.6h 6
4 Chelsea Nagle	10	Lanesb/Fil C	17.9h 4
5 Taylor Petrich	8	Chatfield	18.0h 2
6 Carina Schiltz	10	RushPete/Hou	18.1h 1
7 Kalysta Schlitter	8	La Crescent	18.3h
8 Emily Deering	12	RushPete/Hou	18.5h
9 Kaitlyn Schlitter	10	La Crescent	18.6h
10 Gina Oberton	12	WinonaCotter	18.8h
11 Caitlin Bambenek	10	WinonaCotter	19.6h
12 Alecia Welscher	10	Caled/Spr Gr/Mab	19.9h
13 Gretchen Theis	9	WinonaCotter	20.2h
14 Holly Lidke	11	Lanesb/Fil C	20.9h
15 Jacque Purdue	11	La Crescent	24.0h

Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 Bonnie Albright	11	Lanesb/Fil C	50.76 10
2 Chantel LaPlante	11	Chatfield	51.29 8
3 Kendra Hengel	12	WinonaCotter	51.46 6
4 Chelsea Nagle	10	Lanesb/Fil C	52.38 4
5 Gabby Lacher	7	Lanesb/Fil C	52.58 2
6 Jana Olson	9	RushPete/Hou	52.65 1
7 Kalysta Schlitter	8	La Crescent	52.66
8 Taylor Petrich	8	Chatfield	52.86
9 Rachel Perry	10	Chatfield	53.56
10 Carina Schiltz	10	RushPete/Hou	54.46
11 Kaitlyn Schlitter	10	La Crescent	55.80
12 Gina Oberton	12	WinonaCotter	56.27
12 Jade Pelzl	8	RushPete/Hou	56.27
14 Gretchen Theis	9	WinonaCotter	56.90
15 Jacque Purdue	11	La Crescent	57.27

Girls 4x100 Meter Relay

Team	Relay	Finals
1 La Crescent		51.39 10
1) Shannon Stever 9	2) Alise Duffy 12	
3) Erica Kies 9	4) Samantha Kreibich 11	
2 Winona Cotter		51.94 8
1) Danielle Foster 12	2) Angel Knopick 10	
3) Brooke Beyer 12	4) Emma Napieralski 11	
3 Caled/Spr Gr/Mab		52.39 6
1) Sarah Colleran 10	2) Megan King 9	
3) Ashley King 11	4) Alecia Fruechte 10	
4 RushPete/Hou		54.03 4
1) Ashley Benson 12	2) Regina Dolan 12	
3) Kaylee Helgemoe 9	4) Bailey Vitse 10	
5 Chatfield		54.05 2
1) Nichole Clemens 7	2) Katie Hain 10	
3) Chantel LaPlante 11	4) Ashley VonWald 9	

6 Lanesb/Fil C	56.15
1) Emma McGrath 7	2) Chelsea Nagle 10
3) Brittany Johnson 9	4) Nicollette Meyer 9

Girls 4x200 Meter Relay

Team	Relay	Finals
1 La Crescent		1:48.25 10
1) Shannon Stever 9	2) Megan Karr 12	
3) Alise Duffy 12	4) Samantha Kreibich 11	
2 Caled/Spr Gr/Mab		1:48.71 8
1) Laquita Becker 9	2) Sarah Colleran 10	
3) Megan King 9	4) Ashley King 11	
3 Winona Cotter		1:49.60 6
1) Angel Knopick 10	2) Emma Napieralski 11	
3) Kendra Hengel 12	4) Brooke Beyer 12	
4 RushPete/Hou		1:52.92 4
1) Regina Dolan 12	2) Heather Sieve 9	
3) Kaylee Helgemoe 9	4) Bailey Vitse 10	
5 Lanesb/Fil C		1:57.62 2
1) Emma McGrath 7	2) Brittany Johnson 9	
3) Melissa Hanson 9	4) Jamie Darling 9	
6 Chatfield		1:58.31
1) Hannah Hollermann 10	2) Regan Riley 8	
3) Emily VonWald 8	4) Nichole Clemens 7	

Girls 4x400 Meter Relay

Team	Relay	Finals
1 La Crescent		4:12.40 10
1) Shannon Stever 9	2) Deana Petersen 9	
3) Samantha Kreibich 11	4) Megan Karr 12	
2 Lanesb/Fil C		4:16.24 8
1) Kristin Bunge 10	2) Jordan Darling 9	
3) Jamie Darling 9	4) Melissa Hanson 9	
3 RushPete/Hou		4:17.63 6
1) Heather Sieve 9	2) Danielle Luhmann 11	
3) Hannah Sieve 9	4) Kristen Ostrem 10	
4 Chatfield		4:27.30 4
1) Katie Hain 10	2) Emily VonWald 8	
3) Chantel LaPlante 11	4) Jordyn Dudek 8	
5 Winona Cotter		4:37.60 2
1) Sara Wasinger 9	2) Anna Ferris 11	
3) Emily Cooper 11	4) Kendra Hengel 12	
6 Caled/Spr Gr/Mab		4:41.95
1) Katie Wiste 11	2) Kayla McCormick 8	
3) Brittney Wagner 9	4) Megan Buttell 12	

Girls 4x800 Meter Relay

Team	Relay	Finals
1 La Crescent		10:14.89 10
1) Megan Karr 12	2) Deana Petersen 9	
3) Nicola Franta 9	4) Marci Burg 12	
2 Chatfield		10:21.68 8
1) Jordyn Dudek 8	2) Danielle Anshus 9	
3) Kaitlyn Keefe 8	4) Ashley VonWald 9	

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(Girls 4x800 Meter Relay)

Team	Relay	Finals
3 Lanesb/Fil C		10:21.95 6
1) Kristin Bunge 1	2) Jordan Darling 9	
3) Jessica Prinsen 9	4) Melissa Gudmundson 11	
4 RushPete/Hou		10:22.38 4
1) Anna Becker 11	2) Rachelle Ruberg 9	
3) Michelle Ruberg 8	4) Hannah Sieve 9	
5 WinonaCotter		10:25.40 2
1) Emily Sharpe 11	2) Maureen Keane 12	
3) Renee Pecarna 9	4) Stephanie Smith 10	

Girls High Jump

Name	Yr	School	Finals
1 Bonnie Albright	11	Lanesb/Fil C	4-11.25 10
2 Alecia Fruedte	10	Caled/Spr Gr/Mat	4-11.25 8
3 Danielle Luhmann	11	RushPete/Hou	4-09.25 6
4 Anne Guthrie	11	La Crescent	4-09.25 4
5 Emily Cooper	11	WinonaCotter	4-09.25 2
6 Katie Ham	10	Chatfield	4-07.00 1
7 Taylor Thompson	7	RushPete/Hou	4-07.00
8 Anna Becker	11	RushPete/Hou	4-05.00
8 Samantha Nelson	12	Lanesb/Fil C	4-05.00
10 Allison Kirkvold	11	WinonaCotter	4-03.00
11 Liz Flynn	11	WinonaCotter	4-01.00
11 Gabby Lacher	7	Lanesb/Fil C	4-01.00
--- Liz Gilbertson	9	La Crescent	NH
--- Stacy Schiltz	8	La Crescent	SCR

Girls Pole Vault

Name	Yr	School	Finals
1 Ashley Benson	12	RushPete/Hou	8-08.25 10
2 Kristin Bunge	10	Lanesb/Fil C	8-08.25 8
3 Shannon Stever	9	La Crescent	8-02.25 6
4 Kristen Ostrem	10	RushPete/Hou	8-02.25 4
5 Jana Olson	9	RushPete/Hou	7-08.00 2
6 Katie Niemeyer	9	Chatfield	7-08.00 1
7 Lydia Allen	9	La Crescent	7-02.00
8 Hannah Hollermann	10	Chatfield	7-02.00
9 Chelsi Larson	11	WinonaCotter	6-08.00
9 Brittany Johnson	9	Lanesb/Fil C	6-08.00
11 Brittney Tomstrom	9	Caled/Spr Gr/Mat	6-08.00
--- Meredith Ruen	10	Lanesb/Fil C	NH
--- Jessi Larson	12	WinonaCotter	SCR
--- Brianna Hanson	9	La Crescent	SCR

Girls Long Jump

Name	Yr	School	Finals
1 Danielle Luhmann	11	RushPete/Hou	16-07.50 10
2 Allison Kirkvold	11	WinonaCotter	16-00.75 8
3 Dana French	12	Chatfield	15-10.00 6
4 Regina Dolan	12	RushPete/Hou	15-01.50 4
5 Bailey Vitse	10	RushPete/Hou	14-11.00 2
6 Kylin Duffy	8	La Crescent	14-09.50 1
7 Ashley VonWald	9	Chatfield	14-09.50
8 Kalysta Schlitter	8	La Crescent	14-06.75

9 Katie Wiste	11	Caled/Spr Gr/Mat	14-03.50
10 Dizshon Tang	9	La Crescent	14-02.25
11 Nicollette Meyer	9	Lanesb/Fil C	14-01.00
12 Alecia Welscher	10	Caled/Spr Gr/Mat	14-00.25
13 Regan Riley	8	Chatfield	13-06.75
14 Jamie Darling	9	Lanesb/Fil C	13-06.50
14 Alyssa Trainor	11	WinonaCotter	13-06.50
16 Lydia Petersen	7	Caled/Spr Gr/Mat	13-03.75
17 Emma McGrath	7	Lanesb/Fil C	13-02.75
18 Liz Flynn	11	WinonaCotter	12-02.00

Girls Triple Jump

Name	Yr	School	Finals
1 Danielle Luhmann	11	RushPete/Hou	35-00.25 10
2 Jana Olson	9	RushPete/Hou	33-11.25 8
3 Katie Wiste	11	Caled/Spr Gr/Mat	33-08.50 6
4 Bonnie Albright	11	Lanesb/Fil C	33-00.00 4
5 Allison Kirkvold	11	WinonaCotter	32-03.25 2
6 Michelle Ruberg	8	RushPete/Hou	31-06.00 1
7 Emily Cooper	11	WinonaCotter	30-10.00
8 Nicollette Meyer	9	Lanesb/Fil C	30-00.50
9 Melissa Hanson	9	Lanesb/Fil C	29-08.75
10 Alyssa Trainor	11	WinonaCotter	27-08.50
11 Regan Riley	8	Chatfield	27-06.75
12 Nathalie Besse	12	Caled/Spr Gr/Mat	27-01.00
--- Melissa Hurley	7	Chatfield	FOUL
--- Dana French	12	Chatfield	FOUL

Girls Shot Put

Name	Yr	School	Finals
1 Melissa Smith	11	RushPete/Hou	38-07.00 10
2 Hannah Glor	11	Lanesb/Fil C	37-04.00 8
3 Amelia Schaller	12	Caled/Spr Gr/Mat	36-05.50 6
4 Allison Guthrie	11	La Crescent	35-03.50 4
5 Sara Harstad	11	Chatfield	34-10.25 2
6 Molly Schaller	10	Caled/Spr Gr/Mat	33-01.50 1
7 Danielle Ruberg	11	RushPete/Hou	32-10.00
8 Nikki Beyer	7	WinonaCotter	32-05.50
9 Kassie Harcey	10	Chatfield	29-08.00
10 Chelsea Nagle	10	Lanesb/Fil C	28-07.75
11 Besty Schaller	8	Caled/Spr Gr/Mat	28-06.00
12 Yvonne Freese	9	Lanesb/Fil C	27-09.25
13 Ashley Kester	12	Chatfield	27-07.50
14 Nicole Brown	10	RushPete/Hou	27-05.50
15 Sarah Grandy	8	WinonaCotter	23-08.75
16 Melissa Williams	7	La Crescent	23-06.00
16 Amy Smith	11	La Crescent	23-06.00
18 Alyssa Hengel	12	WinonaCotter	19-09.00

Girls Discus Throw

Name	Yr	School	Finals
1 Amelia Schaller	12	Caled/Spr Gr/Mat	122-09 10
2 Danielle Ruberg	11	RushPete/Hou	121-02 8
3 Melissa Smith	11	RushPete/Hou	120-05 6
4 Molly Schaller	10	Caled/Spr Gr/Mat	109-10 4
5 Yvonne Freese	9	Lanesb/Fil C	107-06 2

(Girls Discus Throw)

Name	Yr	School	Finals
6 Nicole Brown	10	RushPete/Hou	106-08 1
7 Sara Harstad	11	Chatfield	105-00
8 Allison Guthrie	11	La Crescent	104-03
9 Chantel LaPlante	11	Chatfield	99-08
10 Besty Schaller	8	Caled/Spr Gr/Mat	84-07
11 Angie Mensink	10	Lanesb/Fil C	80-00
12 Tracy Traxler	8	La Crescent	75-09
13 Hannah Glor	11	Lanesb/Fil C	74-11
14 Keisha Harcy	10	Chatfield	74-09
15 Amy Erickson	8	WinonaCotter	72-09
16 Sarah Grandy	8	WinonaCotter	66-03
17 Amy Smith	11	La Crescent	61-06
18 Sam Gale	8	WinonaCotter	57-00

ensed To: Caledonia High School

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MSHSL Sub-Section 1A
Track and Field Championship
Caledonia High School - 5/25/2006
Team Rankings - Through Event 36

Female Team Scores

Place	School	Points
1	Rushford-Peterson/Houston	C481 147
2	Lanesboro/Filmore Central	C328 105
3	La Crescent	LACR 99 9?
4	Caled/SpringGro/Mable-Can	1060 76
5	Winona Cotter	WICO 65
6	Chatfield	CHAT 62 64

Male Team Scores

Place	School	Points
1	La Crescent	LACR 123 125
2	Winona Cotter	WICO 113
3	Rushford-Peterson/Houston	C481 90
4	Caled/SpringGro/Mable-Can	1060 81
4	Lanesboro/Filmore Central	C328 81
6	Chatfield	CHAT 66 64

1600 run
switch of
4th + 5th
places

200m Dash switch
of 2nd + 3rd places